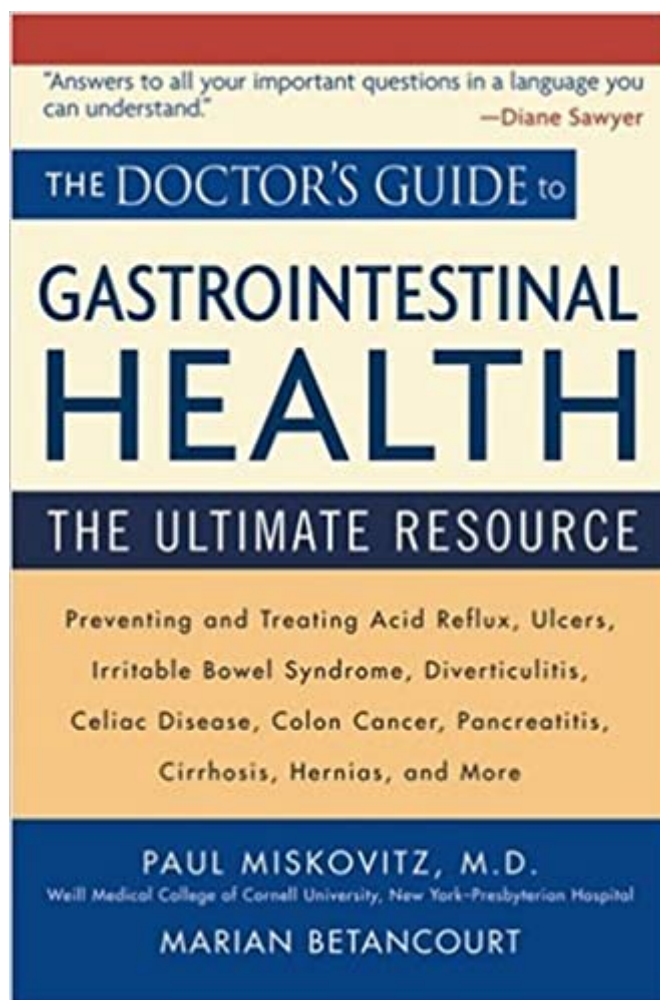


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# The Doctor's Guide To Gastrointestinal Health: Preventing And Treating Acid Reflux, Ulcers, Irritable Bowel Syndrome, Diverticulitis, Celiac Disease, ... Pancreatitis, Cirrhosis, Hernias And More





## Synopsis

"This is the reference guide you dream about--answers to all your important questions written in a language you can understand. For everyone who wants better health and peace of mind." --Diane Sawyer, Co-anchor of ABC News' Good Morning America and PrimeTime Thursday "An important, practical, easy-to-read, and easy-to-understand source of information for anyone with a chronic gastrointestinal problem." --Isadore Rosenfeld, M.D., Rossi Distinguished Professor of Clinical Medicine at Weill Medical College of Cornell University and bestselling author Digestive ailments, whether mild or life-threatening, are a major concern for millions of people--and they can be difficult to diagnose and treat. Now, in this essential reference book, Dr. Paul Miskovitz, a physician at one of the world's top medical institutions, helps you understand the causes, symptoms, diagnoses, and medical treatments for a wide range of gastrointestinal disorders--everything from heartburn to IBS to hepatitis C. This comprehensive, user-friendly guide begins with an overview of how your gastrointestinal system works and how it is affected by lifestyle, age, and emotions. Dr. Miskovitz then explains the disorders that can affect your esophagus, stomach, intestine, gallbladder, liver, pancreas, colon, and abdominal cavity--revealing how to identify and treat problems and, in most cases, prevent them. You'll also learn how to:

- \* Maintain a healthy gastrointestinal system through diet, exercise, checkups, and screenings
- \* Find the right gastroenterologist for you
- \* Identify symptoms and get an accurate diagnosis
- \* Prevent gastrointestinal problems when you travel

Complete with a list of organizations that provide information and support, *The Doctor's Guide to Gastrointestinal Health* is the ultimate resource for you and your family.

## Book Information

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## Customer Reviews

"This is the reference guide you dream about--answers to all your important questions, written in a language you can understand. For everyone who wants better health and peace of mind." --Diane Sawyer, Co-anchor of ABCNews? Good Morning America and Primetime Thursday "An important, practical, easy-to-read and understand source of information for anyone with a chronic gastrointestinal problem." --Isadore Rosenfeld, M.D., Rossi Distinguished Professor of Clinical Medicine at Weill Cornell Medical Center and bestselling author "As a long time patient of Dr. Miskovitz, I highly recommend The Doctor's Guide to Gastrointestinal Health for anyone wanting to know the vital importance of preventative procedures--before it's too late." --Warner Wolf, TV and radio sportscaster and author of Let's Go to the Videotape ' "This book will provide for patients and their relatives authoritative, up-to-date information about most diseases of the gastrointestinal tract. The disorders are clearly explained and available treatments are outlined in clear language. Of special importance is the description of various diagnostic procedures used in gastroenterology, together with important information about what patients can expect before, during and after these treatments. This should go a long way toward relieving the anxiety that accompanies diagnostic procedures." Jeremiah A. Barondess, M.D., President of The New York Academy of Medicine

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procedures." Jeremiah A. Barondess, M.D., President of The New York Academy of Medicine

interesting read to educate me further on my stomach issues which are severe

Very handy reference book for patients. Only drawback I've found is that there are no diagrams or pictures. It's all text. I have downloaded pictures from other sources as needed to understand descriptions. Still, worth the purchase price.

Very informative on diverticulitis and other diseases.

I enjoy reading it

Answers key questions about preventing and treating Acid Reflux and other gastrointestinal problems. My only complaint about the book is it should show some diagrams of the organs involved explanations.

Lacks some info...but it's ok...I'm more interested in a medical guide not so much aimed at the consumer..this tends towards the consumer. Thus it falls short in a few areas.

## VERY GOOD REPORTS

I found this book helpful and interesting. Useful to me and I am sure others will find it very informative.

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